

Master Calendar of Classes and Events with Monica Armstrong

Location:

Deptford Community Center

1219 Delsea Drive, Westville, NJ, 08093. Art Room 101.

Registration:

Monica Armstrong - Email monica@MonicaArmstrong.com or Text 215 206 3187

The Joy of Color, Mandala and Meditation

Mondays, 1:30-3 pm, 6 weeks

November 1- December 6, 2021

\$75, \$10 materials fee.



Mandala For Creation
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*The Joy of Color!
A boost for your well-being!
A calming, creative, relaxing experience.
Color your own Mandala, inspired by a guided meditation.*

*No art experience is needed.
Designs and colored pencils are provided.*



The 7 Keys To Your Inner Wisdom,

Tuesdays, 1-2:30, 7 weeks,

November 3- December 15, 2021

\$85, \$15 materials fee, Workbook included

Monica Armstrong's
**7 KEYS TO
YOUR INNER WISDOM**



Creative Renewal for the Soulful Woman

These 7 keys will unlock the treasure that is the Feminine Divine Within.

Experience a recognition of your own unique wisdom and strengths.

